

# WELFARE

## Newsletter



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Your Guide to UMSU Welfare

## Eating on a Budget: Are Student Discounts Really Worth It?

I think you know what I am referring to when I say being a student has its perks. That's right: discounts! You've probably heard about it from entertainment and shopping, but I'd like to shift your attention to food. Particularly, are student discounts on food worth?

I argue that student discounts are not worth it. Food delivery apps like [Fantuan](#) and [Uber Eats](#) offer student perks, but you need to use them often for it to be worthwhile – almost every day, which isn't the healthiest or most financially sound habit. Plus, from my experience, prices are often cheaper when ordering in-store than through the delivery app due to delivery and hidden service fees.

WELFARE OFFICE BEARERS



Don't believe me? Check the physical delivery receipts or in-store menu when you get the chance! But there are *exceptions*. Ordering in-store, whether dining or taking away, removes these extra charges. While ordering online *is* convenient, taking the time to explore the city allows you to enjoy what Melbourne has to offer. *Who knows*, you'll find a great meal deal while city-walking. Since student discounts are not always advertised, ask about them in-store. Also, joining [loyalty programs](#) can be totally worth it, especially for your [birthday freebies!](#)

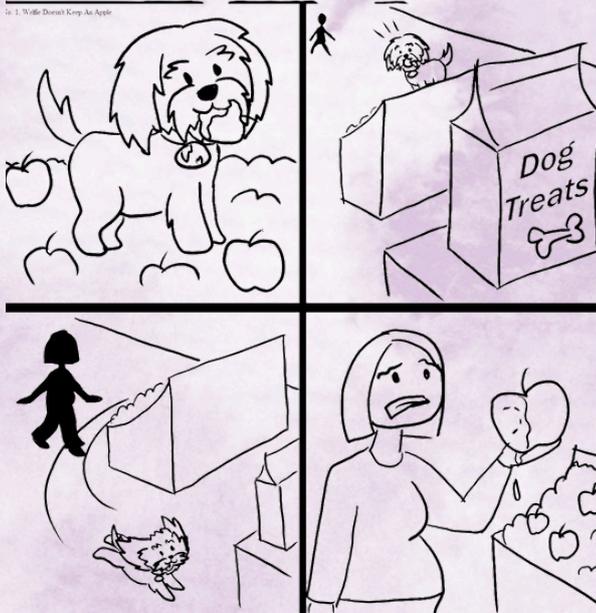
Let's make the most of our student cards, especially when dining in-store. You may think a few dollars off isn't much, but every little bit helps!

Until then: *check out the [student discounts UMSU offers!](#)*

-Lydia Yong

## Welfie's wanderlust wonders

© 2019 Welfie Doodles Keep An Apple



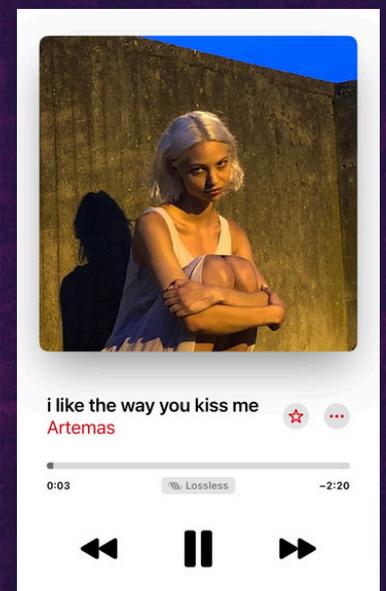
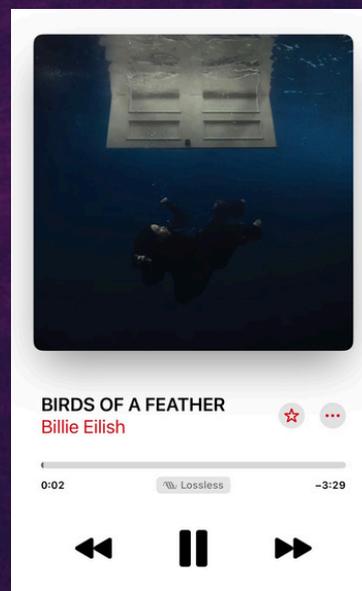
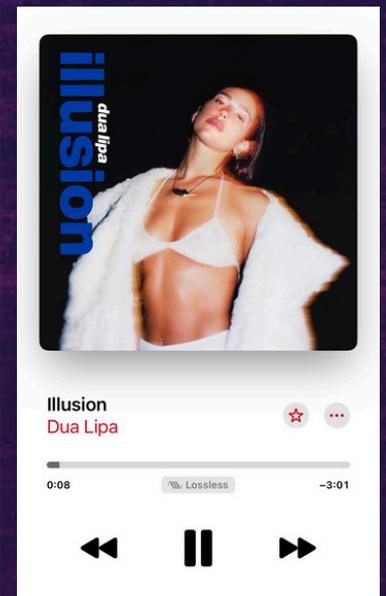
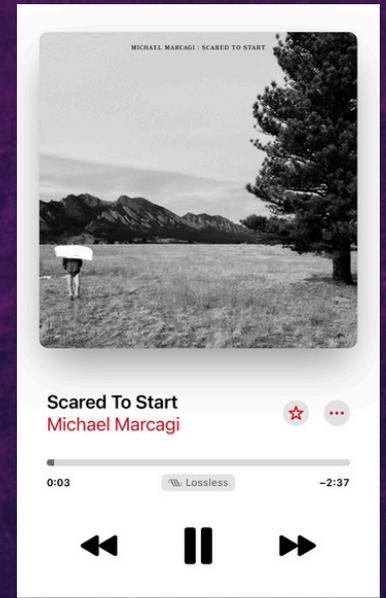
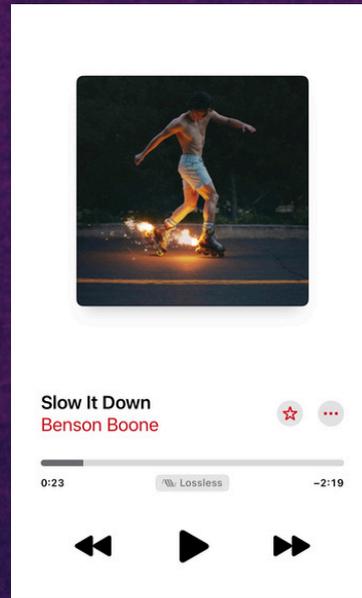
-Ayda Zhao

## Delicious Instagram foodie finds

Craving something scrumptious at midnight? How about [sun-dried tomato pasta](#) or [spicy peanut noodles](#)? For a lighter twist, try our [tomato chili jam beans](#). If you're in the mood for something sweet, go for healthy [Chocolate Biscoff Cookie Baked Oats](#) or indulge in a [decadent chocolate cake](#). Whatever your craving, we've got it all!



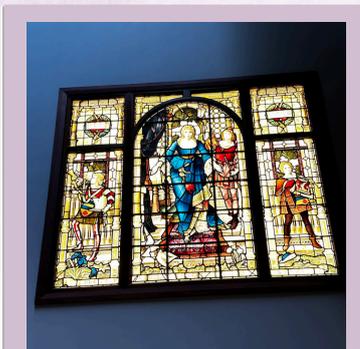
## Chart Topping pop hits!!!



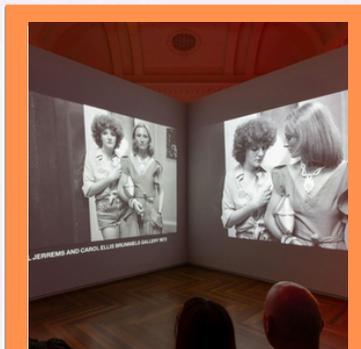
# Explore Melbourne for Less: Student Edition!

Sick of visiting new matcha cafes every day? Counting down the days until Winterfest in Melbourne, while being flooded with Insta stories of Europe and Japan? We've got you covered with a range of solo and group activities that won't break the bank, all around the CBD!

Make it a day of ~culture~ exploring current exhibits at Fed Square! Start out at the [Ian Potter Centre](#) for a stroll through three centuries of Australian art across three levels in between sitting down for one or more of the talks on from now until the 26th of July for [Rare Book Week](#). The best part? Entry for both is absolutely FREE!



*Ian Potter Centre*



*Life Out Loud*



*Life Out Loud*



*Ian Potter Centre*

For some friendly competition, check out [Glow Golf](#) at The District Docklands in the PM for \$12pp Mon-Thurs or \$15pp Fri-Sun for a full 18-hole game. Eager to keep the party going? Have a karaoke night at one of the many karaoke bars/boxes across the CBD. If you're on a tight budget, consider [FM Karaoke Bar](#), for flat rates from \$45/hour, a good deal when split across a group!

The late Rennie Ellis's ['Life Out Loud'](#) is not your average exhibition: forget silent halls where you can hear a coin drop, this photography exhibition is more reminiscent of a disco, with classic hits echoing throughout Victoria Gallery within the State Library. See music stars in their prime and marvel at the change time has wrought on iconic Melbourne landmarks, suburbs and the fashions of Melburnians themselves.

**-Helena D'arcy**

## Union Mart

Having served over 6500 students, Union Mart in Semester 1 has concluded with huge success. Great achievements were made this semester, with an increase in daily capacity from 125 to 150, and an expansion of our operation to Southbank campus. Other than addressing food insecurity, we are also delighted to see how our volunteering team has grown and bonded into a close community.

## Union Mart Reserve fund

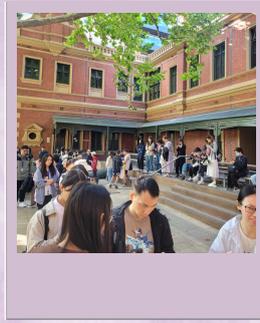
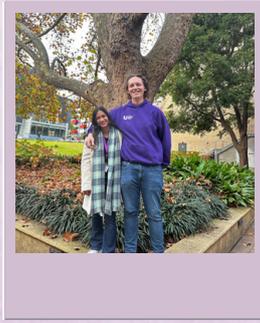
For students experiencing extreme hardship and requiring extra support, our Reserve Fund will continue to operate in Semester 2, with moderations made to ensure its fairness and accessibility. Application for the Reserve Fund can be found [here](#).

## Volunteering opportunities

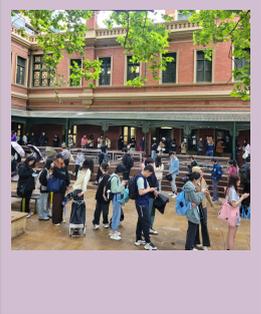
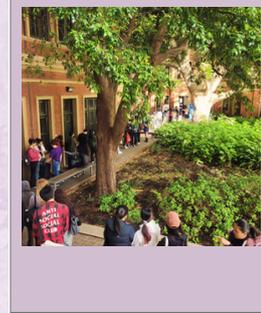
Join our volunteering team! Our success in Semester 1 would not have happened without the help of our volunteers, so we want you on board to make a difference. Besides helping in Union Mart and Welfare Brunch, volunteers also get to socialise with their peers and develop close friendships. Application link can be found [here](#).

## Social media volunteering

Furthermore, UMSU Welfare seeks to further our connection with the Chinese community by expanding our social media platforms to WeChat and Xiaohongshu. If you are familiar with their operations and keen to help out, please fill in this [Form](#) and we will be in touch ASAP.



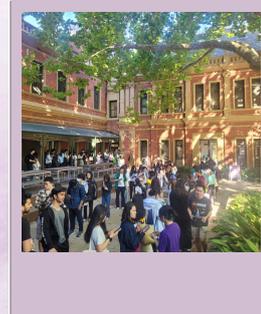
When we were elected to the position of Welfare Office Bearers, the issue that was most consistently raised was the rising cost of living. With this in mind, we have directed the vast majority of our efforts towards helping students to afford basic necessities. We increased the scope of Union Mart, we introduced the point system, we removed pre-registration and we introduced the volunteer roles of Managers, Delivery Drivers and more.



The most valuable asset of our department is our vibrant and passionate group of volunteers. We are grateful for every second of their time as without them, none of this would be possible.



—Divyanshi Sati and Joshua Stagg  
Welfare Office Bearers



## Welfare Committee's past meeting minutes

<https://umsu.unimelb.edu.au/about/secretariat/committees/welfare-committee/>

Come and join us at the next  
Welfare Committee meeting!

